ALLERGENS	AUTUMN/WINTER 2023		X CONTAINS AL			LERGENS ASSI		ASSESS	SSED ON 14/08/2023						
Week 1 Monday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Beef Bolognaise & Pasta	Х							Х						
Vegetarian	Quorn Bolognaise & Pasta							Х	Х						
Side															
Side	Peas/Carrots														
Dessert	Chocolate Custard & Pears				Х										
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				Х										
Beans	Jacket Potato & Beans														
Tuna	Jacket Potato & Tuna			Х						Х					
Week 1 Tuesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	BBQ Chicken Wraps								Х						
Vegetarian	Quorn Shawarma								Х	Х				Х	
Side	Wedges														
Side	Salad														
Dessert	Vanilla Shortbread								Х						
Jacket Potato	Jacket Potato														
Cheese	Jacket Potato & Cheese				Х										
Beans	Jacket Potato & Bean														
Tuna	Jacket Potato & Tuna			Х						Х					
Week 1 Wednesday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Beef Tacos	,						, .	MC		- 1				
Vegetarian	Baked Veg Korma														
Side	Rice														
Side	Sweetcorn														
Dessert	Allotment Cake								Х	Х					$\vdash$
Jacket Potato	Jacket Potato														$\vdash$
Cheese	Jacket Potato & Cheese				Х										$\vdash$
Beans	Jacket Potato & Beans														$\vdash$
Tuna	Jacket Potato & Tuna			Х						Х					$\vdash$
Week 1 Thursday	Dish	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Sulphur
Main	Roast Chicken	cciciy	311011 11311	11311	IVIIIK	Iviastara	1 canacs	Joya	Giuten	-883	Lupiii	Ivionases	ituts	Jeasanie	Juipilai
Vegatarian	Next Level Macaroni Cheese				Х	х			Х						$\vdash$
Side	Crispy Roast Potatoes	MC				<del>  ^</del>									$\vdash$
Side	Brocoli, Carrots & Gravy	IVIC				<u> </u>									$\vdash$
Dessert	Fruit Flapjack					<u> </u>			Х						$\vdash$
Jacket Potato	Jacket Potato											<del>                                     </del>			$\vdash$
Cheese	Jacket Potato & Cheese				х			<u> </u>							<del>                                     </del>
Beans	Jacket Potato & Cheese  Jacket Potato & Beans														$\vdash$
Tuna	Jacket Potato & Tuna			Х						Х					$\vdash$
		Colomi	Chall Fish		NA:II.	Mustand	Doonuto	Cove	Cluton		Lunin	Malluses	Nuto	Cassama	Culmbur
Week 1 Friday Main	<b>Dish</b> Fish N Chips	Celery	Shell Fish	Fish	Milk	Mustard	Peanuts	Soya	Gluten	Eggs	Lupin	Molluscs	Nuts	Seasame	Suipnur
	•			Х					X						-
Vegetarian	Carrot & Chickpea Curry with Rice							<u> </u>	Х		<u> </u>	<del>                                     </del>			$\vdash$
Side	Chips														$\vdash$
Side	Beans Chandata Caplia				<u> </u>	-						$\vdash$		1	$\vdash$
Dessert	Chocolate Cookie				<u> </u>	-			Х			$\vdash$		-	$\vdash$
Jacket Potato	Jacket Potato				<del> </del>	-			-			$\vdash$		-	$\vdash$
Cheese	Jacket Potato & Cheese				Х	-						$\vdash$			$\vdash$
Beans	Jacket Potato & Beans			.,		-				.,		$\vdash$			$\vdash$
Tuna	Jacket Potato & Tuna			Х						Х					